



Level One: Ages 4s through 5s

Includes: Overview of Series/Six
Lessons/Activities/Skits/Worksheets

*This is Only Lesson
One: The entire series
will be ready shortly
and Titled: Rocking 3S
Ranch Series for 4s-
5s. Included will be 6
Lessons.*

Rocking Three "S" Ranch Series:

- Super Heroes
- Super Champions
- Super Powers



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Theme:

The *Rocking Three "S" Ranch Series* conveys the humanness, the mistakes, the victories, and the challenges people of faith met from the early Old Testament, through the New Testament, and that we meet today.

Overview:

- Five Age Level Groups available
 - Ages 4s & 5s
 - Ages 1st-2nd grades
 - Ages 3rd-6th grade
 - Ages 7th-12th grade
 - Adult Bible Study
- Six week study Series OR any lesson/message usable as a stand-alone.
- Each Age Level package contains
 - 6 lessons/messages/Skit
 - Illustrations, activities and/or worksheets.

Lessons:

- Lesson One: Abraham, the Wandering Herdsman/Cowboy
- Lesson Two: Joseph, Resume of a World Champion
- Lesson Three: Samuel, Circuit Riding Preacher
- Lesson Four: Samson, Maverick with Super Powers
- Lesson Five: Three Hebrew Boys, Cowboys that Stood their Ground
- Lesson Six: You can be a Super Hero



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Ages 4s and 5s

Lesson One/Abraham: The Wandering Cowboy

Setup and Introduction to Lesson:

Gather children in a seated semi-circle or seated setting for the introduction to Abraham: The Wandering Cowboy.

Have a Skit Crew ready to surprise enter the gathering on your cue.

Open in prayer.

Ask: How many of you can name a Super Hero?

You will definitely get answers! And 99% of the time ALL of the answers will center on action figures, movies, cartoons, and other mass media commercialized fantasy figures and personas. In fact, it will be a challenge to get their minds back to what you were hoping for; that is, that somewhere in their young minds there would be at least ONE real life Bible person that they could name or tell about. This is the challenge. This is your opportunity to open little eyes and minds to a REAL BIBLE vs. a Fantasy World where REAL people made a REAL difference and they can be one of the FEW themselves.

Today, boys and girls, we are going to learn about REAL people that are Super Heroes and Champions. But before we get started we have a "Super Hero" waiting to meet you.

SKIT: Optional, but oh so fun & teaches!

[Background music appropriate for skit....personally I have used the movie theme from *The Magnificent Seven* and *Zorro* and others. But then I like the mood it sets for the entrance of the "Super Hero"; you may prefer something less dramatic.]

Enter Super Cowboy! [Have four people carry Super Cowboy on their shoulders. He will be in a horizontal position dressed as Super Cowboy which includes a sheet/cape of some fashion. They are "flying" him into the room.]

Conversation with Super Cowboy: [If you plan on a series of lessons then conversation should include Super Cowboy coming each week. This will build your class numbers and enable you to reach more boys and girls with the messages/lessons.]

Teacher: Good Morning Super Cowboy!

Super Cowboy: Well, Good Morning, Little Lady [or insert name of teacher here.]

Teacher: What brings you to [insert name of your church/class] this morning?

Super Cowboy: I heard you were telling the boys and girls about a Super Hero today so I wanted to be here IN PERSON to explain ALL about myself.....me...that'd be me....Super Cowboy...emphasis on Super. Haha

Teacher: Well,....Suuuppppeerrrr...Cowboy. This lesson today comes from the Bible, God's Holy Word. It's about a REAL person that lived a good while back .

Super Cowboy: I am a REAL person and I am alive. See you can pinch me right here on my arm. Go ahead pinch me.

Teacher: No, I don't think I want to pinch you. [Shakes head].

Super Cowboy: Yeah, sure, go ahead pinch me right here on my arm. It won't hurt. I am a SUPER HERO SUPER COWBOY....[braggingly said].

Teacher: Well, if you are sure it won't hurt.

Super Cowboy: No, won't hurt me at all.....

Teacher: [Reaches to pinch and Cowboy goes into a OH THAT HURT SO MUCH fit.] But I haven't touched you yet!

Super Cowboy: haha..yeah...I knew that...I was just testing you.

Teacher: Suuuuppper Cowboy, I am afraid you don't meet the qualifications for the Super Hero we are talking about today. You see, his name is Abraham and he was a real Hero and Champion. He didn't even need to wear a costume.

Super Cowboy: NO COSTUME!

Teacher: No Costume.

Super Cowboy: [Whispers] Wasn't that kinda embarrassing and COLD in the winter?

Teacher: Super Cowboy I think you need to go to your class and learn about today's super hero, Abraham.

Super Cowboy: Yep, sounds like an interesting feller all right....No costume you say?!
[Music up and four assistants put Super Cowboy up on their shoulders and they exit out the back to waves, accolades and fanfare.]
Lesson/Message: Abraham, The Wandering Cowboy

Lesson/Message:

[Show the Bible]. This is *God's Word*. It is always the truth. It is not just made up, in fact, *God* tells us in His Word that He wrote it! So the man we are talking about today was a REAL man, NOT like a "for fun only character" like [Name one of the action heroes] one of the action heroes, nor like our dressed-up for fun-only Super Cowboy. No, these people in this Holy Book really lived and this man today was a REAL Super Hero.

Pray and begin. [If you have flannel graph pictures, use them. OR if you have access to a white board or PowerPoint, use them. OR if you are without any of the extras, tell the story in an interesting and animated fashion. They will remember!]

Abraham was one of the first cowboys. He lived a long time ago. In fact, he lived in a culture of people that were idol worshipers but he was not. He didn't worship like all the people around him did. He stayed true to the ONE true God.

You will find that many times the people you know at school, maybe some of your family members even, will not follow *God*. This has nothing to do with what YOU need to do. In fact, my mom used to tell me that "just because everyone else is running and jumping into the creek, does not mean that you have to!" Good advice. Simply put: Just because everyone else is doing something, does not make it right. Think for yourself, even if that means you are the only one not "doing what everyone else is doing." The majority could be wrong.

Abraham obeyed *God* no matter what other people thought about it.

Let's see what made him, an ordinary person, become a Super Hero in *God's* eyes.

Abraham lived in a country/area where people worshiped idols. Today you don't see that much in the United States. Can you imagine if I decided to worship this marker/pencil/crayon for example?

Place marker on floor. Now bow down to it and Say: Oh mighty, crayon! Oh great crayon on the crayon box! Thou that knowest all things. Thou that hears my prayers. Thou that made the world. [At this point kids are usually laughing at the teacher].

Now isn't that SILLY! But that's what these people around Abraham did for church time! Kind of a messed up town!

But did you know, boys and girls, if you aren't careful you will do the same thing.....only just a little bit differently....it might look more like....

"I don't want to go to church today, we stayed up too late at the ranch rodeo Saturday night; I'm tired!" or "I want MY WAY!" That's idol worship in a different form. More like worship of "myself" and what "I WANT" instead of what God wants.

But Abraham obeyed God. So God gave Him a special mission and a very special blessing! Remember it is far more important to obey God than to worry about what others think about you. If you obey God, then He has something special for you to do for Him, too. If you don't obey God, that is, you decide to do things YOUR WAY, then you may miss His purpose and blessing on your entire life.

Abraham became a Super Hero for God because God asked him to do something very special and he did it. But it wasn't easy! Here's what happened.

God told Abraham to pack up his wife and move.

That's it. Sounds easy enough. But it wasn't. Sara, his wife, asked him where they were moving to. His answer. I DON'T KNOW; we are just moving.

Do what?! She just got the garden planted, her family lives HERE, she knows the neighbors; what do you mean move? And you don't know where? We just put up a new barn last summer! She's involved in the local ladies' club; and what about your Thursday night roping event with the guys?

Abraham said, "None of that matters. God told us to pack up and move; so let's pack up." So they loaded everything up on the horses and wagons and camels and donkeys. They put the chickens in cages, tied the goats up to the carts and off they went. He was a super hero with God because He obeyed!

Because he obeyed God no matter what other people thought, he was greatly blessed.

In fact, he had so many great great great great great grandchildren that you can't even count them today! Bible says that even Jesus' family tree goes back to Abraham. Bible says *in Genesis 12:3 "....in thee shall all families of the earth be blessed."*

Thing is, **you** can be a Super Hero in God's eyes, too.

Prayer.

Activity-Followup:

On a white board draw a line to divide it into two columns.

One column mark as REAL and you could tape a picture of a fireman/policeman/soldier on that column along with a "picture" rendition of Abraham that you might have used with the lesson.

One column mark as NOT REAL or MAKE-BELIEVE and tape a picture of a fantasy character like Alice in Wonderland or an Action Hero picture.

Have a marker and do the first two checks yourself; after that let the kids come up and check mark in the correct column as you discuss what is real and what is make-believe.

Cover people and characters such as:

Yourself...are you real or make-believe? Check mark in the Real Column.

Spider-man....[be ready for an argument!....kindly stick to your guns...he is for fun only and not a real person.] Check mark in the Make-Believe Column.

God/Jesus/Abraham/Joseph/Moses/ John Wayne [yep....perfect example to explain that he was a real man but played a character on make-believe stories].

Name some of the current Transformer characters/some of the cartoon characters from Television programs.